



This project may be taught  
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# Sweetheart Bracelet



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**Illustrations by Paulette Baron**



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# Sweetheart Bracelet

## Supply List

12g 11° seed beads in one color (A) or 6g each in two colors for each of two strips (1200 beads)

1g size 11° seed beads in a different color (B)

O beads, approx. 70 beads

1g size 15° seed beads in compatible or contrasting color, approx. 70 beads (C)

Thread (Nymo D, One-G, or choice) compatible color AND contrast color (optional)

Size 11 needle

## Instructions

**In the drawings, the new row begins at the \***

This reversible bangle drapes beautifully and can be made to fit any wrist. Use a single color or make it two-tone. Two CRAW strips become a bangle and are then connected with zipped up peyote. One side is embellished with O beads; the other is unadorned. Wear one, a dozen, or any number in between.

### Notes

To size your bangle, make a fist and measure around the widest part over your knuckles, with a tape measure or ribbon. I like my bangles loose, so I allow a little give. *Nymo* and other nylon threads have a bit more give than stiffer threads such as *FireLine*.

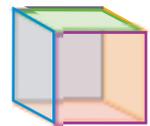
I recommend stitching both CRAW strips before making them into tubes, to insure that they have the same number of units and so you can try draping them over your fist for fit. Adding the O beads will make the bangle a little smaller.

Adjust the number of units given in this pattern to fit your wrist.

**Techniques:** CRAW, Peyote/Zipping up, Mini-Fringe

### Notes about CRAW

Each unit of Cubic Right Angle Weave (CRAW) contains twelve beads. I like to visualize the unit as a room with a floor, four walls, and a ceiling. Each of those sides consists of four beads. Construct each CRAW unit starting with the floor (4 beads), adding 3 beads for the first side, 2 beads for the second and third sides, and 1 bead for the ceiling. In each case except the initial four beads (first floor), you will be connecting the newly strung beads to existing beads, much as you would if you were actually building a room or block.

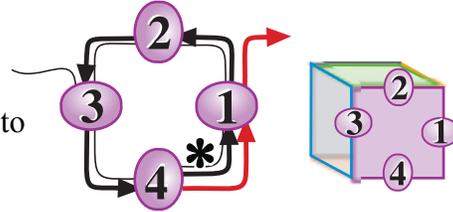




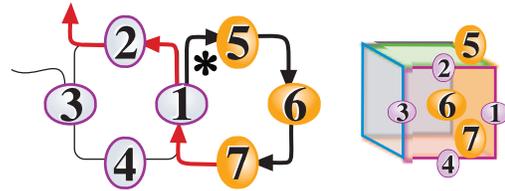
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Make two strips using 11° beads using the same color for both or a compatible color for the second one.

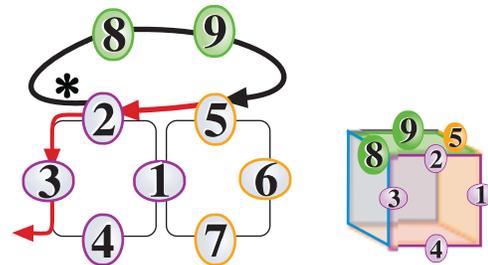
- String 4 beads (1,2,3,4). Pass through all four and one more to make a square. (If you're going to number the beads label the last bead 1.)



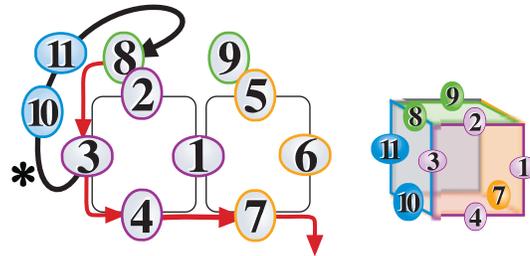
- String 3 beads (5,6,7). Pass through 1 and 2 (the bead your thread is coming out of and the next bead in the circle).



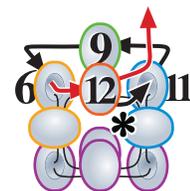
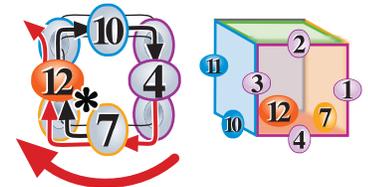
- String 2 beads (8,9). Pass through 5, 2, 3 (the closest bead from the last set, the bead you started from in the circle and the next bead in the circle).



- String 2 beads (10, 11). Pass through 8, 3, 4, 7 (the closest bead from the last set (8), the bead you started from in the circle (3), the next bead (4), AND the other side bead from step 2 (7)).



- String 1 bead (12). Pass through 10, 4, 7 and back through 12.
- Gently cup the beads in your hand and pass through the top four, unconnected, raised beads to finish the unit and form the "floor" for the next CRAW unit. (12, 11, 9, 6, 12)





7. You have now one completed CRAW unit.

For the remainder of the strip, follow steps 2-6, keeping in mind that you will already have the base/floor in place. You will be stepping up after step 5 to reach the top four beads in step 6.

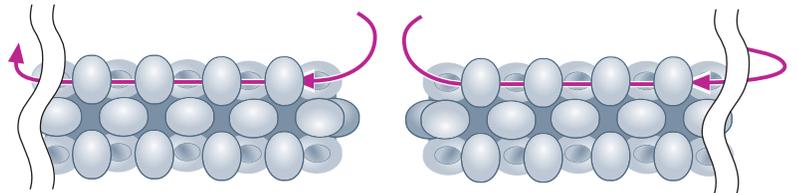
**Note:** If it helps, set aside groups of 8 beads so you know you've added the correct number for each of the units after the first one, which uses 12 beads.

8. Make two strips that fit around your fist. I use 69 CRAW units.

### Making the Bangle

9. Be sure you have the SAME number of units in both strips. Count the beads along one edge.

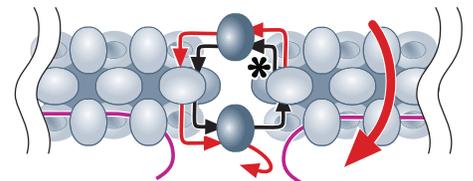
**Optional:** Run a contrasting color thread through one edge on each of the strips to keep them straight and to serve as a guide for connecting the strips and for adding the embellishment.



10. Line up two vertical beads along an edge.

11. String 1A. Pass it through the opposite vertical bead.

12. String 1A. Pass it through the opposite vertical bead (you started from)



13. Pass through to where you started.

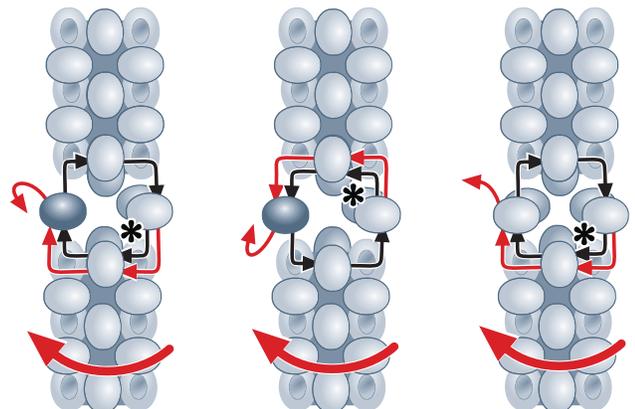
14. Do a ¼ turn with your beadwork. Bring your needle through to the next vertical bead.

15. String 1A. Pass through the opposite vertical bead, the last A added in step 1, and the vertical bead you started from in this step.

16. Repeat steps 4 and 5.

17. Repeat step 4.

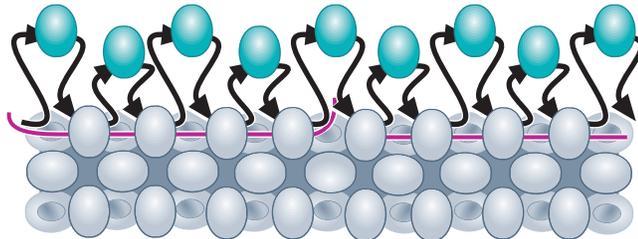
18. You now have four unattached beads. Pass through all four beads as you did above to connect the unit.





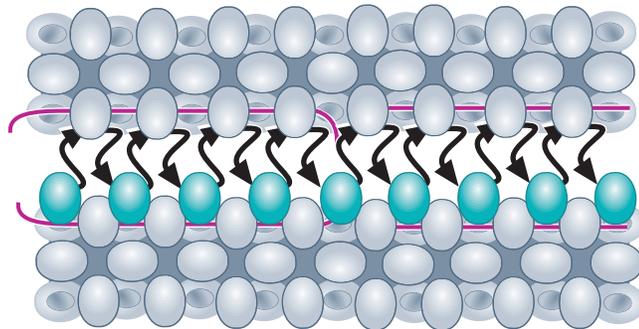
### Add the Peyote Row:

- Using color B, string one between each edge bead on ONE of the strips. (*Note:* It may help to work one vertical bead over from the contrasting thread to keep it straight.) Remove the colored thread from this strip.



### Connecting the Strips:

- Line up the two strips and zigzag between the added color B beads on one strip and the edge bead on the other strip. There should be a perfect fit.



### Add the Embellishment:

- You can add the **O** beads to either side of the bangle.
- Position a new thread through any B bead. String one **O** bead and one 15° (C) bead. Pass back through the O bead and through the next B bead. Be sure that there is no slack and that you do this through every B bead.
- Repeat around the entire bangle.
- Tie off all ends.

